**Giants Ridge Camp Packing List**

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|  | Sleeping bag or blankets |
|  | Twin bed fitted sheet (to cover the mattress if you wish) |
|  | Pillow |
|  | Towel |
|  | Toiletries-toothbrush, shampoo, soap, etc |
|  | Flip-flops for showering (optional) |
|  | Sleeping clothes |
|  | Indoor shoes/slippers (not to be worn outside) |
|  | Snow boots (mandatory—we are living in the woods with hiking trails and will spend time outside in the evenings) |
|  | Casual clothes for after skiing |
|  | Tennis shoes and sweatpants for light workout/stretching |
|  | Skis (strap your skis; pack them in a ski bag, if you have one, for transporting) |
|  | Poles |
|  | Boots |
|  | Helmet and Goggles |
|  | Shin guards |
|  | Tuning equipment (stones, file guides, wax, iron, scraper, brushes, vices, etc---be sure to put your name on your equipment) |
|  | Race suit (if you own one) |
|  | Long underwear and many layers of clothing for training (this is the coldest place in the lower 48 States, so bring everything you have, including a facemask) |
|  | Ski jacket |
|  | Bibs/snow pants |
|  | Gloves and/or mittens, —multiple pairs if possible |
|  | Gators/facemasks |
|  | Toe warmers, hand warmers, boot gloves (if you have them) |
|  | 4-5 pairs of ski socks (have extras to change into if needed) |
|  | Regular socks, underwear, sports bras |
|  | Water bottle (no bottled water this year—bring a water bottle and refill it please; put your name on it.) |
|  | Travel mug (for hot cocoa, tea, coffee)—put your name on it. |
|  | Notebook and pen for journaling |
|  | Cash for two meals (lunch on Wednesday at the hill and Saturday evening on the drive home) and snacks at the ski hill. |